

# Youth Gardening Experience

Name: \_\_\_\_\_

Participant ID: \_\_\_\_\_

This section of questions asks you about your experiences growing fruits, vegetables, and other edible plants.

First think about your experiences with gardening in the last 12 months.

1. In the previous 12 months have YOU been engaged in growing vegetables, fruits, or other edible plants either at home, at school, or through another garden in your community (This can include pots on the porch, in ground, raised beds, hydroponic system, community garden, etc.)
  - a. Yes
  - b. No
  - c. Choose not to answer

*If response to #1 is "No," skip to #5*

2. WHY did you participate in gardening? (Select all that apply)
  - Volunteer
  - Community Service
  - Personal Interest
  - Chores/household responsibility
  - As part of a paid job
  - As part of a mandatory class
  - As an elective course or club
  - Other \_\_\_\_\_
  - Choose not to answer
3. In the previous 12 months, about how often have YOU been engaged in growing vegetables, fruits, or other edible plants either at home, at school, or through another garden in your community (This can include pots on the porch, in ground, raised beds, hydroponic system, community garden, etc.)
  - a. One day per month
  - b. 2-3 days per month
  - c. One day per week
  - d. Daily
  - e. Choose not to answer
4. In the previous 12 months where have YOU been engaged in growing vegetables, fruits, or other edible plants either at home, at school, or through another garden in your community (This can include pots on the porch, in ground, raised beds, hydroponic system, community garden, etc.) (Select all that apply)
  - At home
  - At school, such as part of a class or school organization
  - 4H-Club
  - In the community, such as in your neighborhood or at church
  - At a relative's home
  - At a friend's home
  - Other \_\_\_\_\_

- Choose not to answer

Now think about your experiences growing fruits, vegetables, or other edible plants PRIOR to the last 12 months.

5. During the period of time you were in ELEMENTARY school (approximately ages 5-11) did YOU participate in growing fruits, vegetables, or other edible plants? \*Note: Report any gardening experiences at any location during the following time periods, not just those in school. (This can include pots on a porch, in ground garden, hydroponic gardening, etc., and can be independently or with others.)
  - a. Yes
  - b. No
  - c. Choose not to answer

*If response to #5 is "No," skip to #8*

6. Where did you garden during your elementary school years (approximately ages 5-11)? (Select all that apply)
  - At home
  - At school, such as part of a class or school organization
  - 4H-Club
  - In the community, such as in your neighborhood or at church
  - At a relative's home
  - At a friend's home
  - Other \_\_\_\_\_
  - Choose not to answer
7. Did any of your gardening experiences during your elementary period include learning about the health benefits of eating plant foods or preparing/cooking with plant foods?
  - a. Yes
    - i. Please describe the nutrition education component  
\_\_\_\_\_
  - b. No
  - c. Choose not to answer

8. During the period of time you were in MIDDLE school (approximately ages 12-14) did YOU participate in growing fruits, vegetables, or other edible plants? This can include pots on a porch, in ground garden, hydroponic gardening, etc., and can be independently or with others.\*Note: Report any gardening experiences at any location during the following time periods, not just those at school.
  - a. Yes
  - b. No
  - c. Choose not to answer

*If response to #8 is "No," skip to #11*

9. Where did you garden during your middle school years (approximately ages 12-14)? (Select all that apply)
  - At home
  - At school, such as part of a class or school organization
  - 4H-Club
  - In the community, such as in your neighborhood or at church

- At a relative's home
- At a friend's home
- Other \_\_\_\_\_
- Choose not to answer

10. Did any of your gardening experiences during your middle school period include learning about the health benefits of eating plant foods or preparing/cooking with plant foods?

- a. Yes
  - i. Please describe the nutrition education component

\_\_\_\_\_

- b. No
- c. Choose not to answer

11. During the period of time you were in HIGH school (approximately ages 15 to your current age) did YOU participate in growing fruits, vegetables, or other edible plants? This can include pots on a porch, in ground garden, hydroponic gardening, etc., and can be independently or with others. \*Note: Report any gardening experiences at any location during the following time periods, not just those at school.

- a. Yes
- b. No

*If response to #11 is "No," skip to #14*

12. Where did you garden during your high school years (approximately ages 15 to your current age)? (Select all that apply)

- At home
- At school, such as part of a class or school organization
- 4H-Club
- In the community, such as in your neighborhood or at church
- At a relative's home
- At a friend's home
- Other \_\_\_\_\_
- Choose not to answer

13. Did any of your gardening experiences during your high school period include learning about the health benefits of eating plant foods or preparing/cooking with plant foods?

- a. Yes
  - i. Please describe the nutrition education component

\_\_\_\_\_

- b. No
- c. Choose not to answer

14. Now think about whether anyone in your household at that time, besides yourself, gardened during these same time periods. (Select all that apply)

- Yes, my family gardened at least some during my elementary years.
- Yes, my family gardened at least some during my middle school years.
- Yes, my family gardened at least some during my high school years.
- No, my family never gardened.
- Choose not to answer