Demographics

Evaluator Name

Evaluator Email

Date Facility Evaluated (mm/dd/yyyy)

Type of Audit

- Practice
- Individual Data Collection

What type of campus are you auditing?

- College/University
- K-12
- Other

College / University Name (ex. UNC W= University of North Carolina Wilmington)

High School Name (ex. EHS= Eastside High School)
State

Type of Environment

- Elementary school
- Secondary school
- College / University
- Worksite
- Hospital
- Community

Facility Location

- On-campus
- Off-campus

Store Type

- Convenience store / Mini-mart
- Drug store
- Dollar / Discount store
- Bodega / Corner store
- Food cart

Name of Facility

Facility ID from enumeration sheet (eight digits: store structure, store type, location, audit number) - no spaces, commas, or dashes

Store Address (street name, city, state, and zip code)

Number of hours facility is open (do NOT include pharmacy hours) Ex. 8am-8pm=12 hours

Hours/day

0 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24
Time facility was evaluated

Was data entered into Qualtrics ONLINE at the facility?

Yes  No

Accessibility

Store accessibility and distance from geographic campus center (Select all that apply) *1 mile=20 minutes

Accessible by car only  Accessible by public transportation  Bikeable distance  1/2 mile to 1 mile  Not applicable

Exterior Design

Are there any promotion on the outside to bring you inside?

Yes  No

Healthy Food Availability

How many types of fresh fruits are available?

- Count only fruit type (i.e. apple) and not individual varieties of each fruit (i.e. not Granny Smith and Red Delicious apples)
Examples:

- Whole, fresh fruit
- Cut and packaged fresh fruit

Which statement best describes the quality of the fresh fruit?

- Poor quality: bruised, overripe
- Good quality: fresh, not overripe, few blemishes

How many processed fruits are available? Count all types.

Category Examples:

- Canned fruit
- Cup fruit
- Dried fruit (plain, not yogurt-covered)
- Pureed fruit (ex. applesauce)

Count only different categories if available for same fruits. If multiple container sizes, brands and types are available count only once.

Example:

- Canned pineapple available in regular (heavy) syrup and light (light syrup, juice or water) counts as 1
• Canned pineapple and dried pineapple available counts as 2

None 1-5 types 6-10 types 11-15 types ≥16 types Not Applicable - no processed fruit

Which statement best describes the pricing of processed fruits?

• Look at identically-sized containers of the same fruit type, one "regular" (in heavy syrup) and one "light" (in light syrup, juice or water).

• Compare the price of the two varieties.

• If no "regular" and "light" varieties of a single fruit type are available, compare two different fruit types in the same sized container.

Light and regular varieties are the same price OR
Mixed pricing: At least one fruit, but not all, has a light variety that is more expensive than the regular variety
Mixed pricing: At least one fruit, but not all, has a light variety that is less expensive than the regular variety
All light varieties are less expensive than the regular varieties OR All varieties available are light
Not Applicable - no processed fruit

How many types of frozen fruits are available?

• Count only fruit type.

• Count each type of mixed variety package as one; for example if a berry mix and tropical frozen fruit mix are available, count twice.

Examples:

• Whole frozen fruit
• Cut frozen fruit
How many fresh vegetables are available? Count all types

- Count only the vegetable type (i.e. carrots) and not individual varieties of each vegetable (i.e. not baby carrots and whole carrots).

**Examples:**

- Whole fresh vegetables
- Cut and packaged fresh vegetables
- Prepared, vegetable-based salads
  - Count different types of prepared salads as 1 i.e., BBQ Chopped Salad mix and Sweet Kale Salad mix counts as 1

Which statement best describes the quality of the fresh vegetables?

- Poor quality: bruised, overripe, wilted
- Good quality: fresh, not overripe, few blemishes

How many types of processed vegetables are available?

- Count only vegetable type for each processing category. For example, if multiple container sizes and brands are available for canned beans, count beans only once.
• Count "regular" and "low sodium" options of the same vegetable type separately.

• Do NOT include pickles or olives.

**Examples:**

• Canned vegetables

• Jarred vegetables

Which statement best describes the pricing of processed vegetables?

• Look at identically-sized containers of the same vegetable, one "regular" and one "low sodium".

• Compare the price of the two varieties.

• If no "regular" and "low sodium" varieties of a single vegetable type are available, compare two different vegetable types in the same sized container.

How many types of frozen vegetables are available?

• Do NOT count: fried or breaded vegetables, frozen entrees/meals that contain vegetables.
• Count each type of mixed variety package as one; for example if a harvest blend and stir-fry blend are available, count twice.

**Examples:**

• Whole vegetables frozen, in bags or boxes
• Cut vegetables frozen, in bags or boxes

None 1-3 types 4-6 types 7-9 types ≥10 types

Is the promotion for the inside products make you look inside the refrigerated section?

- Yes
- No

Comments for Questions 1 through 28

How many varieties of low-fat dairy products or dairy alternatives are available?

• Count all sizes and brands of a dairy product as **one** variety. For example, if 1% milk is available in half-gallon and one-gallon sizes, count it only once.
• Count all yogurt flavors as one choice.
• Count different flavors of milk separately. For example, if chocolate 1% milk and plain 1% milk are available, count it twice.
• Be sure to look on the shelves (not just in the coolers) for dairy alternatives.
  - **Examples:** almond sweetened, almond unsweetened, soy sweetened, soy unsweetened

**Do NOT count:**

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- Eggs
- Muscle Milk
- Cream, half and half
- Non-dairy creamer (dry)
- Milkshake-like beverages
- Butter
- Ice cream or other dairy-based frozen desserts

**Examples:**

- Low-fat or non-fat cow's (skim or 1%, plain or flavored)
- Dairy-free alternative milk (soy, almond, cashew, rice, or lactose-free milk; plain or flavored)
- Low-fat or non-fat yogurt (cow's milk or soy)
- Dairy-free alternative yogurt (soy, almond, cashew, rice, or lactose-free milk; plain or flavored)
- Low-fat single serving (i.e. string cheese), block, or cottage (any size, less than 4% milkfat) cheese (cow's milk or soy)
- Yogurt (all types - regular, Greek, dairy alternatives; plain or flavored)

<table>
<thead>
<tr>
<th>None</th>
<th>1-3 varieties</th>
<th>4-6 varieties</th>
<th>7-9 varieties</th>
<th>≥10 varieties</th>
<th>Not Applicable - no low-fat dairy products / dairy alternatives</th>
</tr>
</thead>
</table>

**Cup sizes: Fountain beverages**

- >3 cup sizes available larger than 16 oz
- 3 cup sizes available larger than 16 oz
- 2 cup sizes available larger than 16 oz
- 1 cup size available larger than 16 oz
- Largest cup size available is ≤16 oz
- Not applicable - no fountain beverages
How many varieties of the following healthy staple foods are available?

- Count each individual food or flavor type as one choice. If multiple brands of the same type are available count only once (i.e. more than two brands of 100% whole wheat bread are present, count only once).

**Include:**
- High fiber bread products (≥20% DV fiber per serving): breads, bagels, English muffins, tortillas, etc.
- Bread products that are 100% whole wheat, regardless of the dietary fiber content
- Cereal that is high fiber (≥10% DV fiber per serving) and low in added sugar (≤5% DV added sugar per serving, unless containing dried fruit)
- Examples of acceptable cereals include: plain Cheerios, Fiber One, and plain oatmeal

How many varieties of healthier prepackaged frozen entrees / meals are available?

- Count each individual entree type as one choice, even within the same brand.

Healthier meals should meet the following criteria:

- ≤500 calories per serving
- **PLUS 5** of the following:
  - Saturated fat: ≤10% DV
  - Trans fat: 0g
  - Fiber: ≥10% DV
  - Sodium: ≤10% DV
  - Calcium: ≥10% DV
Iron: ≥10% DV
Added Sugar: ≤10% DV
Potassium: ≥10% DV
Vitamin D: ≥10% DV

Examples:
- Frozen pizza (single cheese or veggie)
- Frozen burritos
- Frozen single or multi-portion meals

Brands to look for:
- Lean Cuisine
- Amy’s
- Healthy Choice
- Smart Ones
- Kashi
- Lean Pockets
- Glutenfreeda
- Evol
- Cedarlane

Which statement best describes the pricing of the prepackaged frozen entrees / meals?

Note: Look at the prices of the items

Not Applicable - prepackaged frozen entrees / meals
None
1-3 varieties
4-6 varieties
7-9 varieties
≥10 varieties

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• Find "regular" variety and "healthier" variety of the same entree. They should generally be the same size (i.e. 12" pepperoni pizza or 12" cheese pizza).

• Compare prices to determine whether the "healthier" variety is less expensive, more expensive, or the same price as the "regular" variety.

• Find 3 meals that have regular and healthier options and then make the comparison. If there are not 3 matches available, count as "no healthier varieties available"

• If no prepackaged frozen entrees/meals are available in general, count as "Not applicable"

Healthier meals should meet the following criteria:

• ≤500 calories per serving

• PLUS 5 of the following:
  o Saturated fat: ≤10% DV
  o Trans fat: 0g
  o Fiber: ≥10% DV
  o Sodium: ≤10% DV
  o Calcium: ≥10% DV
  o Iron: ≥10% DV
  o Added Sugar: ≤10% DV
  o Potassium: ≥10% DV
  o Vitamin D: ≥10% DV

<table>
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<tr>
<th>No healthier varieties available</th>
<th>All healthier varieties are more expensive than the regular varieties</th>
<th>Healthier and regular varieties are the same price OR Mixed pricing: at least one entree, but not all, has a healthier variety that is more expensive than the regular variety</th>
<th>Mixed pricing: at least one entree, but not all, has a healthier variety that is less expensive than the regular variety</th>
<th>All healthier varieties are less expensive than the regular varieties OR All available varieties are healthier</th>
<th>Not Applicable</th>
</tr>
</thead>
<tbody>
<tr>
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<td>⬜</td>
<td>⬜</td>
<td>⬜</td>
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</table>
Comments for Questions 30 through 34

Checkout Environment

How many varieties of healthy products are adjacent to the checkout counter / aisle?

- Count all sizes and brands of a healthy product as one variety. For example, if more than one brand of bottled water is present, count only once.

"Adjacent" means:

- On racks directly beneath or connected to the checkout counter
- On racks in the checkout aisle
- In a cooler on an endcap connected to the checkout aisle

Examples:

- Sports drinks, Life water, Vitamin water (>50 calories per 8 fl. oz)
- Sugar sweetened beverages/energy drinks/coffee drinks/lemonade/iced tea/all other beverages (>10 calories per 8 fl. oz.)
- Sparkling water
- Flavored water
- Low calorie tea
- Low calorie drink
- Coffee
- Fresh fruit and/or vegetables
- Dried fruit
- Nuts / seeds (i.e., plain, roasted, lightly salted, raw)
- Beef jerky
- Granola / cereal bars with ≤5% DV added sugar and fat per serving

How many varieties of unhealthy products are adjacent to the checkout counter / aisle?

- Count all sizes and brands of a unhealthy product as one variety. For example, if more than one brand of chips is present, count only once.

"Adjacent" means:

- On racks directly beneath or connected to the checkout counter
- On racks in the checkout aisle
- In a cooler on an endcap connected to the checkout aisle

Examples:

- Candy
- Sugar-sweetened beverages
- Energy drinks
- Chips / other high-fat, high-sodium snack foods
- Cookies / other packaged baked goods
- Nuts / seeds (i.e., flavored/coated)
How many programs are in use to advertise healthy choices?

*Examples:*

- Guiding Stars or other programs
- "Healthy Option" labels on shelving
- MyPlate illustrations

Do **NOT** include gluten-free, vegan, or vegetarian labeling

<table>
<thead>
<tr>
<th>None</th>
<th>1 program</th>
<th>2 programs</th>
<th>3 programs</th>
<th>≥4 programs</th>
<th>Not Applicable - no programs</th>
</tr>
</thead>
</table>

Comments for Questions 36 through 38

Online Ordering

Does the convenience store take online ordering?

- Yes
- No

Do they accept SNAP/WIC?

- Yes
- No