Demographics		
Evaluator Name		
Evaluator Email		
Date Facility Evaluated (m	m/dd/yyyy)	
Type of Audit Practice	е	Individual Data Collection
What type of campus are	you auditing?	
College/UniversityK-12Other		
College / University Name	e (ex. UNC W= University of No	orth Carolina Wilmington)
High School Name (ex. El	HS= Eastside High School)	

State					
Type of Environn	nent				
Elementary school	Secondary school	College / University	Worksite	Hospital	Community
Facility Location	l				
	On-campus			Off-campus	
Store Type					
Convenience store Mini-mart	e / Drug store		Discount Bo ore	dega / Corner store	Food cart
Name of Facility					
Facility ID from enumber) - no spa			s: store structu	ure, store type, l	ocation, audit
Store Address (s	street name, city	, state, and zip	o code)		

Number of hours facility is open (do NOT include pharmacy hours) Ex. 8am-8pm=12 hours

Hours/day

0 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24

Hours/day

	0 1 2 3 4 5 6	7 8 9 10 11 12 13	14 15 16 17 18 19 20 2	1 22 23 24
Tuesday				
Sunday				
The official states and the same of the sa	on least and			
Time facility was ev	/aluated 			
	~			
Was data entered i	nto Qualtrics <u>ONL</u> l	INE at the facility?		
	Yes		No	
Accessibility				
Store accessibility mile=20 minutes	and distance from	geographic camp	us center (Select all	that apply) *1
Accessible by car only	Accessible by public transportation		1/2 mile to 1 mile	Not applicable
Exterior Design				
Are there any prom	otion on the outsid	de to bring you insi	de?	
O Yes				
O No				

Healthy Food Availability

How many types of fresh fruits are available?

• Count only fruit type (i.e. apple) and not individual varieties of each fruit (i.e. not Granny Smith and Red Delicious apples)

Examples:

- Whole, fresh fruit
- Cut and packaged fresh fruit

1-3 types 4-6 types 7-9 types Not Applicable -≥10 types None available available available available no fresh fruit

Which statement best describes the quality of the fresh fruit?

- Poor quality: bruised, overripe
- Good quality: fresh, not overripe, few blemishes

Mixed: equal More poor proportions of More good All or most fruit quality fruit than poor and good quality fruit than All or most fruit Not Applicable is good quality no fresh fruit is poor quality good quality quality poor quality

How many processed fruits are available? Count all types.

Category Examples:

- Canned fruit
- Cup fruit
- Dried fruit (plain, not yogurt-covered)
- Pureed fruit (ex. applesauce)

Count only different categories if available for same fruits. If mutiple container sizes, brands and types are available count only once.

Example:

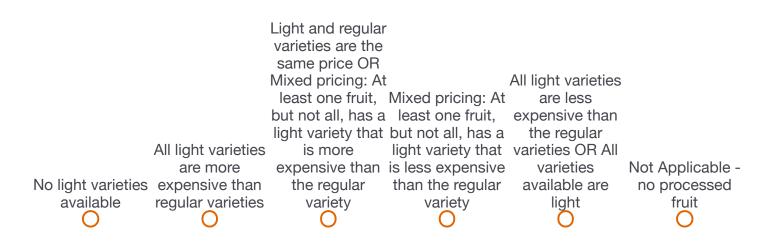
• Canned pineapple available in regular (heavy) syrup and light (light syrup, juice or water) counts as 1

Canned pineapple and dried pineapple available counts as 2



Which statement best descirbes the pricing of processed fruits?

- Look at identically-sized containers of the same fruit type, one "regular" (in heavy syrup) and one "light" (in light syrup, juice or water).
- Compare the price of the two varieties.
- If no "regular" and "light" varieties of a single fruit type are available, compare two different fruit types in the same sized container.



How many types of frozen fruits are available?

- Count only fruit type.
- Count each type of mixed variety package as one; for example if a berry mix and tropical frozen fruit mix are available, count twice.

Examples:

- Whole frozen fruit
- Cut frozen fruit

None

1-3 types

4-6 types

7-9 types

≥10 types

Not Applicable no frozen fruit

How many fresh vegetables are available? Count all types

 Count only the vegetable type (i.e. carrots) and not individual varieties of each vegetable (i.e. not baby carrots and whole carrots).

Examples:

- Whole fresh vegetables
- Cut and packaged fresh vegetables
- Prepared, vegetable-based salads
 - Count different types of prepared salads as 1 i.e., BBQ Chopped Salad mix and Sweet Kale Salad mix counts as 1

Not Applicable no fresh ≥10 types vegetables None 7-9 types

Which statement best descirbes the quality of the fresh vegetables?

- Poor quality: bruised, overrripe, wilted
- Good quality: fresh, not overripe, few blemishes

More poor Mixed: equal More good All or most quality proportions of quality All or most Not Applicable vegetables are vegetables than poor and good vegetables than vegetables are no fresh poor quality good quality quality poor quality good quality vegetables

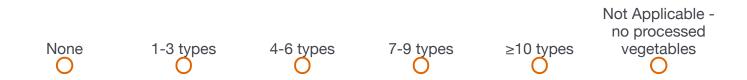
How many types of processed vegetables are available?

 Count only vegetable type for each processing category. For example, if multiple container sizes and brands are available for canned beans, count beans only once.

- Count "regular" and "low sodium" options of the same vegetable type separately.
- Do NOT include pickles or olives.

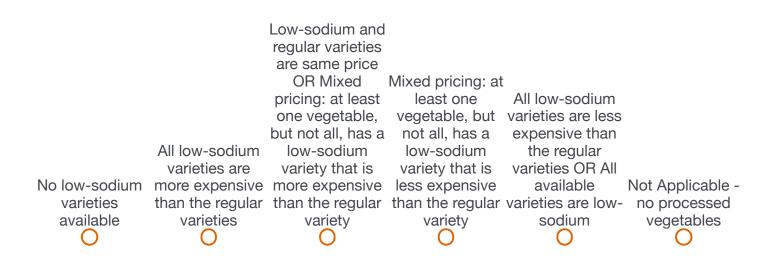
Examples:

- Canned vegetables
- Jarred vegetables



Which statement best describes the pricing of processed vegetables?

- Look at identically-sized containers of the same vegetable, one "regular" and one "low sodium".
- Compare the price of the two varieties.
- If no "regular" and "low sodium" varieties of a single vegetable type are available, compare two different vegetable types in the same sized container.



How many types of frozen vegetables are available?

• Do **NOT** count: fried or breaded vegetables, frozen entrees/meals that contain vegetables.

 Count each type of mixed variety package as one; for example if a harvest blend and stir-fry blend are available, count twice.

Examples:

- Whole vegetables frozen, in bags or boxes
- Cut vegetables frozen, in bags or boxes



Is the promotion for the inside products make you look inside the refrigerated section?

- Yes
-) No

Comments for Questions 1 through 28

How many varieties of low-fat dairy products or dairy alternatives are available?

- Count all sizes and brands of a dairy product as one variety. For example, if 1% milk is available in half-gallon and one-gallon sizes, count it only once.
- Count all yogurt flavors as one choice.
- Count different flavors of milk separately. For example, if chocolate 1% milk and plain 1% milk are available, count it twice.
- Be sure to look on the shelves (not just in the coolers) for dairy alternatives.
 - <u>Examples:</u> almond sweetened, almond unsweetened, soy sweetened, soy unsweetened

- Eggs
- Muscle Milk
- Cream, half and half
- Non-dairy creamer (dry)
- Milkshake-like beverages
- Butter
- Ice cream or other dairy-based frozen desserts

Examples:

- Low-fat or non-fat cow's (skim or 1%, plain or flavored)
- Dairy-free alterative milk (soy, almond, cashew, rice, or lactose-free milk; plain or flavored)
- Low-fat or non-fat yogurt (cow's milk or soy)
- Dairy-free alterative yogurt (soy, almond, cashew, rice, or lactose-free milk; plain or flavored)
- Low-fat single serving (i.e. string cheese), block, or cottage (any size, less than 4% milkfat) cheese (cow's milk or soy)
- Yogurt (all types regular, Greek, dairy alternaitves; plain or flavored)



Cup sizes: Fountain beverages



How many varieties of the following healthy staple foods are available?

 Count each individual food or flavor type as one choice. If multiple brands of the same type are available count only once (i.e. more than two brands of 100% whole wheat bread are present, count only once).

Include:

- High fiber bread products (≥20% DV fiber per serving): breads, bagels, English muffins, tortillas, etc.
- Bread products that are 100% whole wheat, regardless of the dietary fiber content
- Cereal that is high fiber (≥10% DV fiber per serving) and low in added sugar (≤5% DV added sugar per serving, unless containing dried fruit)
- Examples of acceptable cereals include: plain Cheerios, Fiber One, and plain oatmeal

How many varieties of healthier prepackaged frozen entrees / meals are available?

• Count each individual entree type as one choice, even within the same brand.

Healthier meals should meet the following criteria:

- ≤500 calories per serving
- PLUS 5 of the following:
 - Saturated fat: ≤10% DV
 - Trans fat: 0g
 - Fiber: >10% DV
 - Sodium: ≤10% DV
 - o Calcium: ≥10% DV

Iron: ≥10% DV

Added Sugar: ≤10% DV

Potassium: ≥10% DV

o Vitamin D: ≥10% DV

Examples:

- Frozen pizza (single cheese or veggie)
- Frozen burritos
- Frozen single or multi-portion meals

Brands to look for:

- Lean Cuisine
- Amy's
- Healthy Choice
- Smart Ones
- Kashi
- Lean Pockets
- Glutenfreeda
- Evol
- Cedarlane



Which statement best describes the pricing of the prepackaged frozen entrees / meals? Note: Look at the prices of the items

- Find "regular" variety and "healthier" variety of the same entree. They should generally be the same size (i.e. 12" pepperoni pizza or 12" cheese pizza).
- Compare prices to determine whether the "healthier" variety is less expensive, more expensive, or the same price as the "regular" variety.
- Find 3 meals that have regular and healthier options and then make the comparison. If there are not 3 matches available, count as "no healthier varieties available"
- If no prepackaged frozen entrees/meals are available in general, count as "Not applicable"

Healthier meals should meet the following criteria:

- ≤500 calories per serving
- PLUS 5 of the following:
 - Saturated fat: ≤10% DV
 - Trans fat: 0g
 - Fiber: >10% DV
 - Sodium: <10% DV
 - Calcium: >10% DV
 - o Iron: ≥10% DV
 - Added Sugar: ≤10% DV
 - Potassium: ≥10% DV
 - Vitamin D: ≥10% DV

No healthier varieties available

All healthier varieties are more expensive varieties

pricing: at least not all, has a healthier variety that is more expensive than the regular variety

Healthier and Mixed pricing: at regular varieties least one entree, varieties are less are the same but not all, has a expensive than than the regular price OR Mixed healthier variety that is less one entree, but expensive than the regular variety

All healthier the regular varieties OR All available varieties are healthier

Not Applicable



Checkout Environment

How many varieties of healthy products are adjacent to the checkout counter / aisle?

 Count all sizes and brands of a healthy product as one variety. For example, if more than one brand of bottled water is present, count only once.

"Adjacent" means:

- · On racks directly beneath or connected to the checkout counter
- On racks in the checkout aisle
- In a cooler on an endcap connected to the checkout aisle

Examples:

- Sports drinks, Life water, Vitamin water (>50 calories per 8 fl. oz)
- Sugar sweetened beverages/energy drinks/coffee drinks/lemonade/iced tea/all other beverages (>10 calories per 8 fl. oz.)
- Sparkling water
- Flavored water
- Low calorie tea
- Low calorie drink
- Coffee
- Fresh fruit and/or vegetables
- Dried fruit

- Nuts / seeds (i.e., plain, roasted, lightly salted, raw)
- Beef jerky
- Granola / cereal bars with ≤5% DV added sugar and fat per serving

None available 1-3 varieties 4-6 varieties 7-9 varieties ≥10 varieties Not Applicable

How many varieties of unhealthy products are adjacent to the checkout counter / aisle?

• Count all sizes and brands of a unhealthy product as one variety. For example, if more than one brand of chips is present, count only once.

"Adjacent" means:

- On racks directly beneath or connected to the checkout counter
- On racks in the checkout aisle
- In a cooler on an endcap connected to the checkout aisle

Examples:

- Candy
- Sugar-sweetened beverages
- **Energy drinks**
- · Chips / other high-fat, high-sodium snack foods
- Cookies / other packaged baked goods
- Nuts / seeds (i.e., flavored/coated)

Not Applicable ≥10 varieties 7-9 varieties 4-6 varieties 1-3 varieties None

Food Shopping Environment

How many programs are in use to advertise healthy choices?

Examples:

- Guiding Stars or other programs
- "Healthy Option" labels on shelving
- MyPlate illustrations

Do NOT includ	e aluten-free.	vegan, or	vegetarian	labelina

			•				
None	1 program	2 programs	3 programs	≥4 programs	Not Applicable no programs		
Comments for Questions 36 through 38							
Online Ordering							
Does the convenience store take online ordering?							
O Yes							
O No							

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Do they accept SNAP/WIC?

Yes

O No

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