

Demographics

Evaluator Name

Evaluator Email

Date Facility Evaluated (mm/dd/yyyy)

Type of Audit

Practice

Individual Data Collection

What type of campus are you auditing?

College/University

K-12

Other

College / University Name (ex. UNC W= University of North Carolina Wilmington)

High School Name (ex. EHS= Eastside High School)

State

Type of Environment

Elementary school

Secondary school

College / University

Worksite

Hospital

Community

Facility Location

On-campus

Off-campus

Store Type

Convenience store / Mini-mart

Drug store

Dollar / Discount store

Bodega / Corner store

Food cart

Name of Facility

Facility ID from enumeration sheet (eight digits: store structure, store type, location, audit number) - *no spaces, commas, or dashes*

Store Address (street name, city, state, and zip code)

Number of hours facility is open (do NOT include pharmacy hours) *Ex. 8am-8pm=12 hours*

Hours/day

0 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24

Hours/day

0 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24

Tuesday

Sunday

Time facility was evaluated

Was data entered into Qualtrics ONLINE at the facility?

Yes

No

Accessibility

Store accessibility and distance from geographic campus center (Select all that apply) *1
mile=20 minutes

Accessible by car only

Accessible by public transportation

Bikeable distance

1/2 mile to 1 mile

Not applicable

Exterior Design

Are there any promotion on the outside to bring you inside?

Yes

No

Healthy Food Availability

How many types of fresh fruits are available?

- Count only fruit type (i.e. apple) and not individual varieties of each fruit (i.e. not Granny Smith and Red Delicious apples)

Examples:

- Whole, fresh fruit
- Cut and packaged fresh fruit

None
1-3 types
available
4-6 types
available
7-9 types
available
 ≥ 10 types
available
Not Applicable -
no fresh fruit

Which statement best describes the quality of the fresh fruit?

- Poor quality: bruised, overripe
- Good quality: fresh, not overripe, few blemishes

All or most fruit
is poor quality
More poor
quality fruit than
good quality
Mixed: equal
proportions of
poor and good
quality
More good
quality fruit than
poor quality
All or most fruit
is good quality
Not Applicable -
no fresh fruit

How many processed fruits are available? Count all types.

Category Examples:

- Canned fruit
- Cup fruit
- Dried fruit (plain, not yogurt-covered)
- Pureed fruit (ex. applesauce)

Count only different categories if available for same fruits. If mutiple container sizes, brands and types are available count only once.

Example:

- *Canned pineapple available in regular (heavy) syrup and light (light syrup, juice or water) counts as 1*

- *Canned pineapple and dried pineapple available counts as 2*

None

1-5 types

6-10 types

11-15 types

≥16 types

Not Applicable -
no processed
fruit

Which statement best describes the pricing of processed fruits?

- Look at identically-sized containers of the same fruit type, one "regular" (in heavy syrup) and one "light" (in light syrup, juice or water).
- Compare the price of the two varieties.
- If no "regular" and "light" varieties of a single fruit type are available, compare two different fruit types in the same sized container.

		Light and regular varieties are the same price OR				
		Mixed pricing: At least one fruit, but not all, has a light variety that is more expensive than the regular variety	Mixed pricing: At least one fruit, but not all, has a light variety that is less expensive than the regular variety	All light varieties are less expensive than the regular varieties OR All varieties available are light		
No light varieties available <input type="radio"/>	All light varieties are more expensive than regular varieties <input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>		Not Applicable - no processed fruit <input type="radio"/>

How many types of frozen fruits are available?

- Count only fruit type.
- Count each type of mixed variety package as one; for example if a berry mix and tropical frozen fruit mix are available, count twice.

Examples:

- Whole frozen fruit
- Cut frozen fruit

None



1-3 types



4-6 types



7-9 types

 ≥ 10 typesNot Applicable -
no frozen fruit

How many fresh vegetables are available? Count all types

- Count only the vegetable type (i.e. carrots) and not individual varieties of each vegetable (i.e. not baby carrots and whole carrots).

Examples:

- Whole fresh vegetables
- Cut and packaged fresh vegetables
- Prepared, vegetable-based salads
 - Count different types of prepared salads as 1 i.e., BBQ Chopped Salad mix and Sweet Kale Salad mix counts as 1

None



1-3 types



4-6 types



7-9 types

 ≥ 10 typesNot Applicable -
no fresh
vegetables

Which statement best describes the quality of the fresh vegetables?

- Poor quality: bruised, overripe, wilted
- Good quality: fresh, not overripe, few blemishes

All or most
vegetables are
poor qualityMore poor
quality
vegetables than
good qualityMixed: equal
proportions of
poor and good
qualityMore good
quality
vegetables than
poor qualityAll or most
vegetables are
good qualityNot Applicable -
no fresh
vegetables

How many types of processed vegetables are available?

- Count only vegetable type for each processing category. For example, if multiple container sizes and brands are available for canned beans, count beans only once.

- Count "regular" and "low sodium" options of the same vegetable type separately.
- Do **NOT** include pickles or olives.

Examples:

- Canned vegetables
- Jarred vegetables

None 1-3 types 4-6 types 7-9 types ≥10 types Not Applicable - no processed vegetables

Which statement best describes the pricing of processed vegetables?

- Look at identically-sized containers of the same vegetable, one "regular" and one "low sodium".
- Compare the price of the two varieties.
- If no "regular" and "low sodium" varieties of a single vegetable type are available, compare two different vegetable types in the same sized container.

No low-sodium varieties available
 All low-sodium varieties are more expensive than the regular varieties
 Low-sodium and regular varieties are same price OR Mixed pricing: at least one vegetable, but not all, has a low-sodium variety that is more expensive than the regular variety
 Mixed pricing: at least one vegetable, but not all, has a low-sodium variety that is less expensive than the regular variety
 All low-sodium varieties are less expensive than the regular varieties OR All available varieties are low-sodium
 Not Applicable - no processed vegetables

How many types of frozen vegetables are available?

- Do **NOT** count: fried or breaded vegetables, frozen entrees/meals that contain vegetables.

- Count each type of mixed variety package as one; for example if a harvest blend and stir-fry blend are available, count twice.

Examples:

- Whole vegetables frozen, in bags or boxes
- Cut vegetables frozen, in bags or boxes

None

1-3 types

4-6 types

7-9 types

≥10 types

Not Applicable -
no frozen
vegetables

Is the promotion for the inside products make you look inside the refrigerated section?

Yes

No

Comments for Questions 1 through 28

How many varieties of low-fat dairy products or dairy alternatives are available?

- Count all sizes and brands of a dairy product as one variety. For example, if 1% milk is available in half-gallon and one-gallon sizes, count it only once.
- Count all yogurt flavors as one choice.
- Count different flavors of milk separately. For example, if chocolate 1% milk and plain 1% milk are available, count it twice.
- Be sure to look on the shelves (not just in the coolers) for dairy alternatives.
 - Examples: almond sweetened, almond unsweetened, soy sweetened, soy unsweetened

Do **NOT** count:

- Eggs
- Muscle Milk
- Cream, half and half
- Non-dairy creamer (dry)
- Milkshake-like beverages
- Butter
- Ice cream or other dairy-based frozen desserts

Examples:

- Low-fat or non-fat cow's (skim or 1%, plain or flavored)
- Dairy-free alternative milk (soy, almond, cashew, rice, or lactose-free milk; plain or flavored)
- Low-fat or non-fat yogurt (cow's milk or soy)
- Dairy-free alternative yogurt (soy, almond, cashew, rice, or lactose-free milk; plain or flavored)
- Low-fat single serving (i.e. string cheese), block, or cottage (any size, less than 4% milkfat) cheese (cow's milk or soy)
- Yogurt (all types - regular, Greek, dairy alternatives; plain or flavored)

None

1-3 varieties

4-6 varieties

7-9 varieties

≥10 varieties

Not Applicable -
no low-fat dairy
products / dairy
alternatives

Cup sizes: Fountain beverages

>3 cup sizes
available
larger than 16
oz OR Every
size available
is larger than
16 oz

3 cup sizes
available
larger than 16
oz

2 cup sizes
available
larger than 16
oz

1 cup size
available
larger than 16
oz

Largest cup
size available
is ≤16 oz

≤16 oz or
smaller

Not
Applicable -
no fountain
beverages

How many varieties of the following healthy staple foods are available?

- Count each individual food or flavor type as one choice. If multiple brands of the same type are available count only once (i.e. more than two brands of 100% whole wheat bread are present, count only once).

Include:

- High fiber bread products ($\geq 20\%$ DV fiber per serving): breads, bagels, English muffins, tortillas, etc.
- Bread products that are 100% whole wheat, regardless of the dietary fiber content
- Cereal that is high fiber ($\geq 10\%$ DV fiber per serving) and low in added sugar ($\leq 5\%$ DV added sugar per serving, unless containing dried fruit)
- Examples of acceptable cereals include: plain Cheerios, Fiber One, and plain oatmeal

None
 1-5 varieties
 6-10 varieties
 11-15 varieties
 ≥ 16 varieties
 Not Applicable - no staple food

How many varieties of healthier prepackaged frozen entrees / meals are available?

- Count each individual entree type as one choice, even within the same brand.

Healthier meals should meet the following criteria:

- ≤ 500 calories per serving
- PLUS 5 of the following:
 - Saturated fat: $\leq 10\%$ DV
 - Trans fat: 0g
 - Fiber: $\geq 10\%$ DV
 - Sodium: $\leq 10\%$ DV
 - Calcium: $\geq 10\%$ DV

- Iron: $\geq 10\%$ DV
- Added Sugar: $\leq 10\%$ DV
- Potassium: $\geq 10\%$ DV
- Vitamin D: $\geq 10\%$ DV

Examples:

- Frozen pizza (single cheese or veggie)
- Frozen burritos
- Frozen single or multi-portion meals

Brands to look for:

- Lean Cuisine
- Amy's
- Healthy Choice
- Smart Ones
- Kashi
- Lean Pockets
- Glutenfreeda
- Evol
- Cedarlane

None



1-3 varieties



4-6 varieties



7-9 varieties

 ≥ 10 varietiesNot Applicable -
prepackaged
frozen entrees /
meals







Which statement best describes the pricing of the prepackaged frozen entrees / meals?

Note: Look at the prices of the items

- Find "regular" variety and "healthier" variety of the same entree. They should generally be the same size (i.e. 12" pepperoni pizza or 12" cheese pizza).
- Compare prices to determine whether the "healthier" variety is less expensive, more expensive, or the same price as the "regular" variety.
- Find 3 meals that have regular and healthier options and then make the comparison. If there are not 3 matches available, count as "no healthier varieties available"
- If no prepackaged frozen entrees/meals are available in general, count as "Not applicable"

Healthier meals should meet the following criteria:

- ≤500 calories per serving
- PLUS 5 of the following:
 - Saturated fat: ≤10% DV
 - Trans fat: 0g
 - Fiber: ≥10% DV
 - Sodium: ≤10% DV
 - Calcium: ≥10% DV
 - Iron: ≥10% DV
 - Added Sugar: ≤10% DV
 - Potassium: ≥10% DV
 - Vitamin D: ≥10% DV

No healthier varieties available 	All healthier varieties are more expensive than the regular varieties 	Healthier and regular varieties are the same price OR Mixed pricing: at least one entree, but not all, has a healthier variety that is more expensive than the regular variety 	Mixed pricing: at least one entree, but not all, has a healthier variety that is less expensive than the regular variety 	All healthier varieties are less expensive than the regular varieties OR All available varieties are healthier 	Not Applicable 
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Comments for Questions 30 through 34

Checkout Environment

How many varieties of healthy products are adjacent to the checkout counter / aisle?

- Count all sizes and brands of a healthy product as one variety. For example, if more than one brand of bottled water is present, count only once.

"Adjacent" means:

- On racks directly beneath or connected to the checkout counter
- On racks in the checkout aisle
- In a cooler on an endcap connected to the checkout aisle

Examples:

- Sports drinks, Life water, Vitamin water (>50 calories per 8 fl. oz)
- Sugar sweetened beverages/energy drinks/coffee drinks/lemonade/iced tea/all other beverages (>10 calories per 8 fl. oz.)
- Sparkling water
- Flavored water
- Low calorie tea
- Low calorie drink
- Coffee
- Fresh fruit and/or vegetables
- Dried fruit

- Nuts / seeds (i.e., plain, roasted, lightly salted, raw)
- Beef jerky
- Granola / cereal bars with $\leq 5\%$ DV added sugar and fat per serving

None available 1-3 varieties 4-6 varieties 7-9 varieties ≥ 10 varieties Not Applicable

How many varieties of unhealthy products are adjacent to the checkout counter / aisle?

- Count all sizes and brands of a unhealthy product as one variety. For example, if more than one brand of chips is present, count only once.

"Adjacent" means:

- On racks directly beneath or connected to the checkout counter
- On racks in the checkout aisle
- In a cooler on an endcap connected to the checkout aisle

Examples:

- Candy
- Sugar-sweetened beverages
- Energy drinks
- Chips / other high-fat, high-sodium snack foods
- Cookies / other packaged baked goods
- Nuts / seeds (i.e., flavored/coated)

≥ 10 varieties 7-9 varieties 4-6 varieties 1-3 varieties None Not Applicable

Food Shopping Environment

How many programs are in use to advertise healthy choices?

Examples:

- Guiding Stars or other programs
- "Healthy Option" labels on shelving
- MyPlate illustrations

Do **NOT** include gluten-free, vegan, or vegetarian labeling

None

1 program

2 programs

3 programs

≥4 programs

Not Applicable -
no programs

Comments for Questions 36 through 38

Online Ordering

Does the convenience store take online ordering?

- Yes
 No

Do they accept SNAP/WIC?

- Yes
 No

