

Name of the tool:	Readiness to Change
Purpose:	We developed and tested a survey to assess how ready stakeholders feel that others are to make a change toward promoting health on a college campus.
How was it conceptualized?	Student partners worked with faculty and research partners to identify questions that would best assess how ready stakeholders feel that others are to make changes on college campuses to promote and support health.
What were the steps in development (including face/content validation, cognitive interviews, psychometrics, etc.)?	Group discussions were held to identify who stakeholders would be appropriate to survey and different positions that can influence the health of others on a college campus. A smaller team of student and faculty researchers worked on drafting questions to capture the information identified as critical to include on a survey assessing readiness to make changes and then content validation was conducted with five experts and face validation was conducted with five members of the target audience.
Who was it tested with? (initial sampling)	As a part of a larger USDA funded "Get Fruved" college campus health promotion project, a group of researchers surveyed 58 colleges to determine how ready they felt others were to make changes on campus to promote health.
How is it scored?	The survey is designed both to assess the readiness of the individual and their perceptions of other stakeholders to make changes. Stakeholders include administration and students. All choose not to answer responses should be treated as missing data. All remaining data should be reversed coded. Questions 2, 4, 6, 7, 8, and 10 should be summed and considered as a continuous score with a top possible score of 30 for readiness of the individual. Questions 1 and 5 should be summed with a top possible score of 10 for perceived readiness of administration and questions 3 and 9 summed with a top possible score of 10 for perceived readiness of students.
How has it been used since?	HCRC researchers have been working on a development article.
Limitations for use:	This tool could undergo further develop and psychometric testing.
Potential applications and future applications:	This tool would be appropriate for colleges to use annually to track changes in stakeholder's readiness for change and perceptions of administrators and students readiness for change.